

AIS After School Clubs

Session I



المدرسة الأمريكية الدولية
American International School

[Letter from the Coordinator](#)

[General Information](#)

[Course Descriptions and Schedules](#)

[ARTS AND CRAFTS, COLOURING CLUB](#)

[ARABIC HANDWRITING CLUB](#)

[BASKETBALL CLUB](#)

[BOOK CLUB](#)

[BAKING CLUB](#)

[CARTOON DRAWING CLUB](#)

[COOPERATIVE GAMES CLUB](#)

[CARING THREADS-CRAFTING for Charity CLUB](#)

[DANCE CLUB](#)

[FRENCH CLUB](#)

[FLOOR HOCKEY CLUB](#)

[FINGER PAINTING CLUB](#)

[GIRL'S FITNESS CLUB](#)

[GIRLS KINDERNASTICS CLUB](#)

[GIRLS GYMNASTICS CLUB](#)

[JEWELRY MAKING CLUB](#)

[KINDER BALLET CLUB](#)

[KINDER DANCE CLUB](#)

[KNITTING CLUB](#)

[KARATE CLUB](#)

[LEGO CLUB](#)

[LITTLE EINSTEINS SCIENCE CLUB](#)

[MANDALA CLUB](#)

[ORIGAMI CLUB](#)

[PLAYDOUGH FUN CLUB](#)

[PAINTING AND PUPPET MAKER CLUB](#)

[STORY TELLING CLUB](#)

[SOCCER CLUB](#)

[TABLE TENNIS CLUB](#)

[YOGA CLUB](#)



المدرسة الأمريكية الدولية
American International School

Letter from the Coordinator

September 18, 2016

Dear Parents,

The first session of the AIS Clubs (2016 – 2017) will start October 1, 2016. Coached by professional staff, these clubs develop student's creativity, technical ability, and performance skills.

***Please contact the After School Activities office for registration.
For further details contact Coach Abdo Shedyak
Tel: 1843247, Ext # 529***

We look forward for your participation.
Yours faithfully



AIS Clubs Coordinator
Abdo Shedyak



المدرسة الأمريكية الدولية
American International School

General Information

Rationale

Through participation in AIS after-school activities, students will develop new skills while working collaboratively with their peers in developmentally age-appropriate activities not offered at home or within the context of the regular teaching and learning program.

Mission Statement

AIS Kuwait inspires students to become critical thinkers and contributing world citizens through rigor and balance in a nurturing educational environment.

How to Register

- * Registration is on a “first come - first served” basis and places are strictly limited.
- * To register, simply complete the registration form on the last page of this document and bring it into the Activities Office, located beside the business office.
- * Do not fax or e-mail your application.
- * Applications will only be processed if accompanied by payment.

Confirmation and Payment

- * Payment can be made in the activities office.
- * Payment is non-refundable. No credit will be issued for lessons missed.
- * No confirmation will be sent to you. The office will only contact parents if there is a problem with your application.

Cancellation

If an AIS activity is cancelled due to teacher illness or school closure (except where closure is due to inclement weather) parents will receive an SMS informing them and the class will be rescheduled. No refund or credit will be issued for students absent from an AIS after school activity for whatever reason.

Dismissal

All club participants will be escorted to the front lobby for dismissal. Pickup must be arranged promptly at the designated time. No supervision is provided by teachers after drop off in the front lobby. Students will wait with security in the front lobby if their ride has not arrived.



المدرسة الأمريكية الدولية
American International School

Course Descriptions and Schedules

ARTS AND CRAFTS, COLOURING CLUB

(Tutor Debra Sandberg)

Location: Room 164

Age: KG 1 – KG 2

Time: Wednesday (3:00 p.m. - 4:00 p.m.)

Description: Come have fun making different works of art. We will provide the materials, you bring the creativity!

Session 1: October 5, 12, 19, 26 / November 2, 9, 16

Fee: KD 30

ARABIC HANDWRITING CLUB

(Tutor Mohamed Hassan)

Location: Room 253

Age: Grades 2 – 3

Time: Monday (3:00 p.m. - 4:00 p.m.)

Description: Arabic calligraphy is distinguished by its beautiful, unique patterns. And the club includes basic instructions and guidance for learning the fine art of traditional Naskh & Reqaa penmanship. The club begins by training you to draw simple lines and curves then proceeds to present letters and simple words and sentences.

Session 1: October 3, 10, 17, 24, 31 / November 7, 14

Fee: KD 30

(Tutor Ali Mohamed)

Location: Room 258

Age: Grades 4 – 5

Time: Thursday (3:00 p.m. - 4:00 p.m.)



المدرسة الأمريكية الدولية
American International School

Description: Arabic calligraphy is distinguished by its beautiful, unique patterns. The club begins by training you to draw simple lines and curves, then proceeds to present letters and simple words and sentences in a creative way of handwriting.

Session 1: October 6, 13, 20, 27 / November 3, 10, 17

Fee: KD 30

BASKETBALL CLUB

(Coach Olena Kologrim)

Location: Elementary Gym

Age: KG 2 – Grade 1

Time: Saturday (9:30 a.m. – 11:00 a.m.)

Description: (Free Jersey for each participant)

This basketball club is designed to prepare students to better compete in competitive basketball within a fun and exciting environment. Basketball skills will be taught and practiced through drills and game play each week. Students are sure to improve their understanding of the game of Basketball and improve their Basketball skills through this club.

Session 1: October 1, 8, 15, 22 / November 5, 12, 19

Fee: KD 45

(Coach Didi Mukendi)

Location: Elementary Gym

Age: Grade 2 and 3

Time: Saturday (9:30 a.m. – 11:00 a.m.)

Description: (Free Jersey for each participant)

This basketball club is designed to prepare students to better compete in competitive basketball within a fun and exciting environment. Basketball skills will be taught and practiced through drills and game play each week. Students are sure to improve their understanding of the game of Basketball and improve their Basketball skills through this club.

Session 1: October 1, 8, 15, 22 / November 5, 12, 19

Fee: KD 45



المدرسة الأمريكية الدولية
American International School

(Coach: Michael BondClegg)

Location: Elementary Gym

Age: Grade 4 and 5

Time: Saturday (9:30 a.m. – 11:00 a.m.)

Description: (Free Jersey for each participant)

This basketball club is designed to prepare students to better compete in competitive basketball within a fun and exciting environment. Basketball skills will be taught and practiced through drills and game play each week. Students are sure to improve their understanding of the game of Basketball and improve their Basketball skills through this club.

Session 1: October 1, 8, 15, 22 / November 5, 12, 19

Fee: KD 45

(Coach: Travis Knuston)

Location: Elementary Gym

Age: Grade 6, 7 and 8

Time: Saturday (9:30 a.m. – 11:00 a.m.)

Description: (Free Jersey for each participant)

This basketball club is designed to prepare students to better compete in competitive basketball within a fun and exciting environment. Basketball skills will be taught and practiced through drills and game play each week. Students are sure to improve their understanding of the game of Basketball and improve their Basketball skills through this club.

Session 1: October 1, 8, 15, 22 / November 5, 12, 19

Fee: KD 45



المدرسة الأمريكية الدولية
American International School

BOOK CLUB

(Tutor Mahsa Karimi)

Location: Room 170

Age: KG 1 and KG 2

Time: Wednesday (3:00p.m – 4:00p.m)

Description: Students get to listen to read alouds and do fun activities related to the book that is read each week. Activities include drama, art, speaking.

Session 1: October 5, 12, 19, 26 / November 2, 9, 16

Fee: KD 30

BAKING CLUB

(Tutors Brianna Spencer & Rowaida Daw)

Location: Room 181

Age: Grade 3 - 5

Time: Monday (3:00 p.m. - 4:00 p.m.)

Description: Come make delicious baked goods with us. You'll be able to learn new recipes, make new friends, and eat yummy dessert!

Session 1: October 3, 10, 17, 24, 31 / November 7, 14

Fee: KD 35

CARTOON DRAWING CLUB

(Tutors: Didi & Yakira Mukendi)

Location: Room 261

Age: Grade 3 - 4

Time: Monday (3:00 p.m. – 4:00 p.m.)

Description: This would be for students interested in drawing cartoon characters.

Session 1: October 3, 10, 17, 24, 31 / November 7, 14

Fee: KD 30



المدرسة الأمريكية الدولية
American International School

COOPERATIVE GAMES CLUB

(Tutor Mahsa Karimi)

Location: Room 170

Age: KG 2 - Grades 2

Time: Monday (3:00p.m – 4:00p.m)

Description: In cooperative games students work together to achieve a common goal by playing games

Session 1: October 3, 10, 17, 24, 31 / November 7, 14

Fee: KD 30

CARING THREADS-CRAFTING for Charity CLUB

(Tutors: Jennifer Fuentes and Terry Pedersen)

Location: Learning Commons (Library)

Age: Grades 4 - 12

Time: Wednesday (3:00p.m – 4:00p.m)

Description: Come learn a new skill and contribute to your global community at the same time! Students will choose to learn to knit or crochet and create a scarf for children living in remote locations in and around Thailand through the Jungle Aid Foundation. After students have finished 1 scarf, they may choose to create a personal item to keep. The 5KD of supplies will cover all materials needed to make their charity item, including knitting needles or crochet hook and yarn. When you sign up, please specify if you want to learn knitting or crochet.

Session 1: October 5, 12, 19, 26 / November 2, 9, 16

Fee: KD 35



المدرسة الأمريكية الدولية
American International School

DANCE CLUB

(Tutors: Lauren Hamilton & Angela Kacner)

Location: Aerobics Room

Age: Grades 3 – 5 (Max 15 students)

Time: Wednesday (3:00 p.m. – 4:00 p.m.)

Description: Learning different dance steps and creating dances together!

Session 1: October 5, 12, 19, 26 / November 2, 9, 16

Fee: KD 30

FRENCH CLUB

(Tutors: Malani Bissessar & Joanna Riffle)

Location: Room 259

Age: Grades 3 – 5 (Max 10 students)

Time: Wednesday (3:00 p.m. - 4:00 p.m.)

Description: Do you want to learn another language? Then grab your friends and join us to learn French! We will be exploring the language through conversation, activities, games and songs!

Session 1: October 5, 12, 19, 26 / November 2, 9, 16

Fee: KD 30

FLOOR HOCKEY CLUB

(Tutor Adam Reid)

Location: Elementary gym

Age: Grades 2 - 5

Time: Sunday (3:00 p.m. – 4:00 p.m.)

Description: Children will work on skills, learn about sportsmanship, and play hockey.

Session 1: October 2, 9, 16, 23 / November 6, 13, 20

Fee: KD 30



المدرسة الأمريكية الدولية
American International School

FINGER PAINTING CLUB

(Tutor Melissa Keith)

Location: Room 168

Age: KG 1 - Grade 1

Time: Sunday (3:00 p.m. – 4:00 p.m.)

Description: Finger Painting Club is the perfect opportunity for your child to get in touch with their creative side and have fun. Every week students will create one or two small pieces of art, which will be compiled into a calendar for 2017 to take home. Smocks will be provided so that all the fun doesn't get on students' uniforms!

Session 1: October 2, 9, 16, 23 / November 6, 13, 20

Fee: KD 30

GIRL'S FITNESS CLUB

(Tutors: Emily Setacci & Jackie Addeo)

Location: ES Room 188

Age: Grades 1 – 6 (Max 15 Students)

Time: Wednesday (3:00 p.m. – 4:00 p.m.)

Description: Join us for Girl's Fitness Club where we will make being active fun! After a long day in the classroom it is important to get moving after school. Girls will participate in aerobics, relay races, yoga and so much more! Join with your friends and have a good time!

Session 1: October 5, 12, 19, 26 / November 2, 9, 16

Fee: KD 30



المدرسة الأمريكية الدولية
American International School

GIRLS KINDERNASTICS CLUB

(Tutors: Anna Gleason & Amy Muir)

Location: Small Gym

Grades: KG 1 – KG 2 (Max 12 students)

Time: Sunday (3:00p.m – 4:00p.m)

Description: Tumbling, balance, dance, and strength skills; use of tumbling mats, trampoline, bar, and balance beam.

Session 1: October 2, 9, 16, 23 / November 6, 13, 20

Fee: KD 30

GIRLS GYMNASTICS CLUB

(Tutors: Amy Muir & Anna Gleason)

Location: Small Gym

Age: Grades 1 & 2 (Max 12 students)

Time: Monday (3:00 p.m. – 4:00 p.m.)

Description: Tumbling, balance, dance, and strength skills; use of tumbling mats, trampoline and balance beam.

Session 1: October 3, 10, 17, 24, 31 / November 7, 14

Fee: KD 30

JEWELRY MAKING CLUB

(Tutors: Lauren Hamilton & Angela Kacner)

Location: Room 149

Age: Grades 1 – 5 (Max 15 students)

Time: Sunday (3:00 p.m. – 4:00 p.m.)

Description: Learn how to create all different types of jewellery!

Session 1: October 2, 9, 16, 23 / November 6, 13, 20

Fee: KD 35



المدرسة الأمريكية الدولية
American International School

KINDER BALLET CLUB
(Tutor Taryn BondClegg)

Location: Aerobics Room

Age: KG1 – KG2

Time: Monday (3:00p.m – 4:00p.m)

Description: Come learn the basics of ballet while having fun exploring music and movement!

Session 1: October 3, 10, 17, 24, 31 / November 7, 14

Fee: KD 30

KINDER DANCE CLUB
(Tutor Taryn BondClegg)

Location: Aerobics Room

Age: KG1 – KG2

Time: Wednesday (3:00p.m – 4:00p.m)

Description: Come explore creative movement in a fun and upbeat environment!

Session 1: October 5, 12, 19, 26 / November 2, 9, 16

Fee: KD 30

KNITTING CLUB
(Tutors: Emily Setacci & Jackie Addeo)

Location: Room 188

Age: grades 1 - 6 (Max 10 students)

Time: Sunday (3:00 p.m. - 4:00 p.m.)

Description: Join us in Knitting Club where we will learn the basics of how to knit using needles and yarn. We will learn the different stitches and make some fun accessories like headbands and scarves. Join with your friends and learn together!

Session 1: October 2, 9, 16, 23 / November 6, 13, 20

Fee: KD 35



المدرسة الأمريكية الدولية
American International School

KARATE CLUB

(Tutor Erin Fox & Graham Garde)

Location: Elementary Gym

Age: Grades Gr 1 – Grade 5

Time: Thursday (3:00 p.m. - 4:00 p.m.)

Description: Learn Karate moves to music

Session 1: October 6, 13, 20, 27 / November 3, 10, 17

Fee: KD 30

LEGO CLUB

(Tutors: Joanna Riffle & Malani Bissessar)

Location: Room 151

Age: Grades 1 – 5 (MAX 12 students)

Time: Monday (3:00 p.m. – 4:00 p.m.)

Description: Do you love building and creating? Then grab your friends and your legos and join us every week to build fun and new creations. We will have a different theme for each week that you can explore and build with your friends and your imagination.

Session 1: October 3, 10, 17, 24, 31 / November 7, 14

Fee: KD 30

LITTLE EINSTEINS SCIENCE CLUB

(Tutor Jude Guerrero)

Location: Room 159

Age: KG 1

Time: Monday (3:00 p.m. - 4:00 p.m.)

Description: Students will be discussing and participating in safe science activities, and learning to observe and record Data on their observations.

Session 1: October 3, 10, 17, 24, 31 / November 7, 14

Fee: KD 30



المدرسة الأمريكية الدولية
American International School

MANDALA CLUB

(Tutor Melissa Keith)

Location: Room 168

Age: Grades KG 1 – Grade 1

Time: Wednesday (3:00 p.m. - 4:00 p.m.)

Description: The perfect way to unwind after school, in Mandala club, students will get to engage in the calm, soothing, meditative process of creating mandalas. Students will get to see traditional, Tibetan and Indian sand paintings, color in some traditional designs, and even try making their own sand paintings. All necessary supplies will be provided.

Session 1: October 5, 12, 19, 26 / November 2, 9, 16

Fee: KD 30

ORIGAMI CLUB

(Tutors: Abby Moore & Lissa Layman)

Location: Room 182

Age: Grades 1 - 5 (Max 10 students)

Time: Monday (3:00 p.m. - 4:00 p.m.)

Description: Origami is the ancient Japanese art of paper folding - and is loads of fun. Origami is a fascinating and creative craft for kids. Animals, birds, fish, geometric shapes, puppets, toys and masks are among the models that even very young children can learn to make. Students will take home each piece of artwork to decorate and share with their families. We will start with some very easy origami and build our way up to some slightly harder models.

Session 1: October 3, 10, 17, 24, 31 / November 7, 14

Fee: KD 30



المدرسة الأمريكية الدولية
American International School

PLAYDOUGH FUN CLUB

(Tutor Natalia Menendez & Ghada Shuhaibar)

Location: Room 165

Age: KG 1 – Grade 1

Time: Sunday (3:00 p.m. – 4:00 p.m.)

Description: Children will be provided with a wide variety of materials to use with the play-dough, inspiring creativity and encouraging them to use their imaginations.

Session 1: October 2, 9, 16, 23 / November 6, 13, 20

Fee: KD 30

PAINTING AND PUPPET MAKER CLUB

(Tutors: Dana Shuhaibar & Binan Khaddaj)

Location: Room 258

Age: KG 1, KG 2 & Grade 1

Time: Wednesday (3:00 p.m. – 4:00 p.m.)

Description: Let's get our hands dirty and have fun!

Session 1: October 5, 12, 19, 26 / November 2, 9, 16

Fee: KD 30

STORY TELLING CLUB

(Tutor Yakira Mukendi)

Location: Room 261

Age: Grades 4 – 5

Time: Wednesday (3:00 p.m. – 4:00 p.m.)

Description: This would be for students interested in learning the art of oral story telling!

Session 1: October 5, 12, 19, 26 / November 2, 9, 16

Fee: KD 30



المدرسة الأمريكية الدولية
American International School

SOCCKER CLUB

(Coaches: Parker Watson & Debra Sandberg)

Location: Elementary Gym (small area)

Age: KG1

Time: Sunday (3:00 p.m. - 4:00 p.m.)

Description: (Free Jersey for each participant)

The students will be introduced and practice the fundamentals of soccer in a fun and safe environment.

Session 1: October 2, 9, 16, 23 / November 6, 13, 20

Fee: KD 35

(Coaches: Jack Bissonnette & Rabih Abou Khalil)

Location: Elementary Table top

Age: KG2 and Grade 1

Time: Sunday (3:00 p.m. - 4:00 p.m.)

Description: (Free Jersey for each participant)

The students will be introduced and practice the fundamentals of soccer in a fun and safe environment.

Session 1: October 2, 9, 16, 23 / November 6, 13, 20

Fee: KD 35

(Coach Debra Sandberg)

Location: Elementary Table top

Age: Grade 2 and 3

Time: Monday (3:00 p.m. - 4:00 p.m.)

Description: (Free Jersey for each participant)

The students will be practice the fundamentals of soccer in a fun and safe environment. With a focus on skills and team play.

Session 1: October 3, 10, 17, 24, 31 / November 7, 14

Fee: KD 35



المدرسة الأمريكية الدولية
American International School

(Coaches: Jack Bissonnette & Rabih Abou Khalil)

Location: Elementary Tabletop

Age: Grade 4 and 5

Time: Wednesday (3:00 p.m. - 4:00 p.m.)

Description: (Free Jersey for each participant)

The students will focus on intermediate team and individual skills in a safe and fun environment.

Session 1: October 5, 12, 19, 26 / November 2, 9, 16

Fee: KD 35

TABLE TENNIS CLUB

(Coach Waleed Jamil)

Location: Canteen Area

Age: Grades 3 - 5

Time: Monday (2:45 p.m. - 3:45 p.m.)

Session 1: October 3, 10, 17, 24, 31 / November 7, 14

Fee: KD 30

Location: Canteen Area

Age: Grades 6 - 12

Time: Sunday (2:45 p.m. - 3:45 p.m.)

Session 1: October 2, 9, 16, 23 / November 6, 13, 20

Fee: KD 30



المدرسة الأمريكية الدولية
American International School

YOGA CLUB

(Tutors: Abby Moore & Lissa Layman)

Location: Aerobics Room

Age: Grades 1 – 3 (MAX 10 students)

Time: Thursday (3:00 p.m. - 4:00 p.m.)

Description: Kids yoga is all about having fun! In any given kids yoga class we could be pretending to be the plants and animals that live in the jungle, or exploring the ocean blue, playing yoga games, coloring a mandala or practicing relaxation techniques. Kids should bring their imaginations, a sense of fun, some comfortable clothes they can play in and a water bottle just in case!

Session 1: October 6, 13, 20, 27 / November 3, 10, 17

Fee: KD 30

(Tutor Rasha Saad Eldin)

Location: TBA

Age: Grades 4 – 5

Time: Wednesday (3:00 p.m. - 4:00 p.m.)

Description: Yoga is accessible to anyone. Regular practice improve strength, flexibility, Help our students to, Release energy in a small space, Build focus and concentration, Gain body awareness and a feeling of well-being, Increase strength and flexibility, Build confidence and self-esteem, as well as self-control, Find a sense of calm through breathing and relaxation, Cultivate love for one's self, inside and out.

Session 1: October 5, 12, 19, 26 / November 2, 9, 16

Fee: KD 30



المدرسة الأمريكية الدولية
American International School



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American International School

AIS CLUBS APPLICATION FORM

STUDENT

First Name*		Family Name*	
Grade*		Teacher Name*	
Gender*		Mobile*	
Email			
Medical Conditions*			

CLUB*

Day	Title	Fee (non-refundable)	
		KD	
		KD	
		KD	
		KD	
		KD	
Parents Signature*		Date	
Signatory Full Name*			

**Please submit this Application Form to AIS Activities Business Office
For further details contact Coach Abdo Chidiac Tel: 1843247, Ext # 529**